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## FAQ: 1319 SKIN REJUVENATION

### **What is the "Lunchtime Laser" treatment?**

The "Lunchtime Laser" treatment is a non-invasive procedure unlike any other skin resurfacing treatment. The skin is not subjected to harsh chemicals or the intense after-care of other facial rejuvenation procedures. Cooling technology protects the sensitive surface layers of the skin, allowing the laser light to penetrate to a deeper level and stimulate new collagen growth.

### **What does the procedure do? How does it work?**

Lunchtime Laser treatment uses an infrared laser to rejuvenate your skin from the inside out. The procedure combines a cooling plate and an Nd:YAG laser to give patients optimal results with the minimal inconvenience. The protective cooling plate is applied to the skin, allowing the laser light to pass harmlessly through the upper layers of the skin and stimulate those cells deep below the surface which produce natural collagen. The collagen and elastin fibers continue to multiply after your treatment, and you will continue to see improved results over the months ahead.

### **Is the procedure painful?**

Lunchtime Laser treatment can be performed on any facial area -- around the eyes, mouth, cheeks, and chin -- with minimal discomfort. A topical anesthetic cream can be used on extra-sensitive areas. However, no injections are needed.

### **How long does a treatment take? Can it be combined with other procedures?**

Lunchtime Laser treatment is a quick, easy procedure for which many patients come in during their lunch hour. The procedure takes between 15 and 30 minutes, and there are virtually no side effects. Those who wear facial cosmetics can reapply their makeup right away, and freely carry on with their day.

The Lunchtime Laser treatment can also be combined with other procedures, making it an ideal complement to microdermabrasion, Botox, and laser skin resurfacing for an overall facial rejuvenation.

### **How long will I take to heal?**

One of the most outstanding features of Lunchtime Laser treatment is that there is virtually no downtime associated with the procedure. After a session, the area may appear red for up to an hour. However, makeup can immediately be applied. No wound is created; therefore, there is no healing time required.

### **How many treatments are needed, and how long will it last? Are there any side effects?**

Clinical studies suggest that at least two treatments are needed to stimulate new collagen growth. Doctors also recommend regular touch-up treatments to sustain the continued growth of new collagen. As for side effects, Lunchtime Lasers and light sources are among the safest units on the market.